

Annual Report: April 2023 to March 2024

Assistive Devices Disbursement Programme

Family of Disabled's Assistive Devices Disbursement Programme is dedicated to enhancing the quality of life for individuals with disabilities by providing essential mobility aids and assistive devices. This programme plays a pivotal role in promoting independence, mobility, and overall well-being among people with disabilities and improving their quality of life.

- **8th April 2023** At the Unnati Rehabilitation Centre in Najafgarh, Family of Disabled donated 10 unique customised tricycles to individuals with disabilities as a pilot project to combine the prospects of doing apna Rozgaar on the vehicle meant for mobility. Sponsored by Mr. Suresh Kakkar, this initiative was aimed to empower recipients to establish small mobile shops and earn a livelihood thereby fostering economic independence. The



specially designed tricycles were enhanced with special features— heavy gauge, roof on the top, foldable tables on both sides for customers, space to keep cylinder and gas stove, hooks to hang stuff, etc. These were immensely instrumental in enabling recipients to take significant steps toward self-sufficiency. They expressed profound gratitude, citing enhanced confidence and improved ability to contribute to their families and society.

- **15th April 2023** Family of Disabled organised assistive devices disbursement program at Ram Mandir, Janakpuri, New Delhi, supporting 36 individuals with disabilities. Sponsored by Mr. Ujjal Singh Sawhney, the event provided essential items including tricycles, bicycles, crutches, strollers, wheelchairs, pediatric wheelchairs, and diapers. The recipients appreciated the support, highlighting the programme's positive impact on their independence and day-to-day life.



- **20th April 2023** At the Janakpuri office, Family Of Disabled organised another assistive devices disbursement program, supporting 12 individuals with disabilities. Sponsored primarily by Mr. Thakur Dass Gaba and others, the event provided essential items



including crutches, wheelchairs, and diapers. This initiative aimed to significantly improve the quality of life for individuals with disabilities by enhancing their mobility and daily living capabilities. It underscored Family of Disabled's commitment to inclusivity and empowerment through community-driven support.

- **20th July 2023** Family of Disabled organised an aids & appliances distribution programme at its Janakpuri office, supported by Bank of Baroda, Hari Nagar branch in New Delhi. The event aimed to support 7 beneficiaries with essential aids, including distribution of 6 wheelchairs and 1 set of crutches. The program addressed specific needs of individuals with disabilities, ensuring they received necessary equipment to enhance their mobility and daily living. This initiative exemplified Family of Disabled's commitment to improving the quality of life for persons with disabilities through collaborative community efforts.



- **7th October 2023** Family Of Disabled conducted assistive devices disbursement programme at Gurudwara Sri Guru Singh Sabha, Guru Nanak Pura, BD Block Janakpuri, New Delhi. The event provided essential aids including tricycles, hearing aids, crutches, walkers, wheelchairs, pediatric wheelchairs, and diapers free of charge to 35 individuals with disabilities. These devices are crucial for improving mobility, communication, and daily activities, thereby enhancing the quality of life for the recipients. Sponsored by Mr. Manmohan Singh Sahni & family, the program aimed to promote independence and social inclusion among people with disabilities. This initiative reflects Family of Disabled's commitment to supporting the community and fostering inclusivity by enabling individuals with disabilities to lead more independent lives and participate actively in society.



- **19th January 2024** Commemorating the birth anniversary of Dr. Rajinder Johar, Family of Disabled made a profound impact at the Unnati Rehabilitation Centre in Najafgarh by donating essential mobility aids to 24 individuals facing diverse disabilities. The donations included wheelchairs, tricycles, bicycles, and more, providing recipients with newfound freedom and independence in their daily lives. This initiative exemplifies Family of

Disabled's commitment to supporting individuals with disabilities and promoting inclusivity. Through compassion and empathy, Family of Disabled aims to dismantle societal barriers and create an inclusive world where every individual, regardless of ability, can live with dignity. The aids not only serve as tools but also symbolize empowerment, enabling recipients to engage joyfully in life. The heartfelt gratitude and visible transformation on the faces of the beneficiaries underscore the meaningful impact of Family of Disabled's initiatives. By continuing to support these individuals, Family of Disabled remains dedicated to ensuring they lead fulfilling lives with independence and dignity.



In addition to these organized events, Family of Disabled conducts individual distributions based on beneficiaries' specific needs throughout the year. In the reporting period from April 2023 to March 2024, a total of 154 aids, including wheelchairs, tricycles, crutches, and other essential items, were distributed. These distributions have significantly enhanced mobility, independence, and overall quality of life for persons with disabilities, reflecting Family of Disabled's steadfast commitment to inclusivity and support.

Gifting partner

Family of Disabled (FOD) participated as the gifting partner at the Disability Positive Summit & Awards 2023, organized by BW Business world and Ask Insights, held on 16th April. Shri Rajiv Kumar, Chief Election Officer, graced the event as the chief guest, where he received our hand-painted cutting chai glasses, #cupcakes, and #multigrain laddoos. These items were crafted with love and passion at Unnati, FOD's Multipurpose Rehab Centre in Najafgarh, showcasing the talents and skills of individuals with disabilities. This initiative aligns with FOD's commitment to fostering economic independence by empowering individuals with disabilities through skill development and livelihood initiatives.



Promotion of Artists Through Art Initiatives

Family of Disabled (FOD) strives to empower artists with disabilities by providing them a platform to showcase their talents and integrate into the mainstream art community. Through initiatives like the Beyond Limits Art Exhibition and collaborative exhibitions with partners like DLF, FOD aims to promote inclusivity, celebrate creativity, and foster public appreciation for the artistic contributions of individuals facing physical challenges.

- The Beyond Limits Art Exhibition, a flagship annual event organized by FOD, took place from October 20 to 27, 2023, at Aparna Art Gallery, Siri Fort. This event featured a diverse display of 103 artworks from 66 artists, including 19 first-time participants, with a special focus on sculptures in bronze, aluminum, and fiberglass, as well as paintings in various mediums. It provided a vital platform for artists with disabilities to exhibit their works and connect with art



enthusiasts and patrons. The event was graced by the presence of the chief guest, Mr. Billy Gupta, who supported this significant initiative. The exhibition highlighted the artists' unique styles, allowing their creativity to transcend physical limitations. As the exhibition drew to a close, the excitement reached its peak when 30 artworks found their forever homes. The joyous exchange between artists and patrons marked a heartwarming conclusion to the event, celebrating the mutual success and connection forged through the love of art.

- In addition, DLF collaborated with FOD for an exhibition at DLF Mall of India, Noida, held from March 8 to 10, 2024, coinciding with International Women's Day. This exhibition showcased artworks by 10 talented women artists with disabilities, highlighting their creativity and the power of artistic expression to promote social inclusion and empowerment.



- During this exhibition, Ms. Stuti Kacker, trustee of Family of Disabled, was deeply moved by the artworks of Ms. Mamta Bera, focusing on female figures and nature themes. Ms. Kacker's admiration led her to purchase two of Ms. Bera's artworks, demonstrating support for artists with disabilities and inspiring others in the community. Ms. Stuti Kacker, also associated with Family of Disabled, appreciated Ms. Bera's artistry during the



exhibition visit, further reinforcing the organization's commitment to promoting inclusivity and empowering artists through artistic expression.



- On March 2024, Ms. Priyanka commissioned artist Rohit Vyas to create a series of portraits, recognizing his expertise in various mediums. Vyas, known for his exceptional skill, produced stunning portraits in oil, acrylic, and pencil on canvas. Each piece vividly showcases his talent: the oil portrait emphasizes vibrant hues and rich textures; the acrylic piece displays dynamic creativity, and the pencil drawing highlights intricate precision. This commission not only supports Vyas's artistic career but also serves as a step towards promoting and empowering artists. These initiatives reflect FOD's ongoing commitment to advancing the rights and opportunities for individuals with disabilities through the transformative power of art.



Sale and Success

Unnati Centre aims to promote employment sustainability for people with disabilities by setting up sales stalls across Delhi NCR. These stalls feature products made at the Unnati Rehabilitation Centre, including newspaper pencils, shagun envelopes, coasters, foot mats, and various handmade items. The stalls are set up in schools, malls, and other organizations, which help in promoting our products. This initiative provides a platform for showcasing



the talents of individuals with disabilities and supports their economic independence. By collaborating with different venues, Family of Disabled (FOD) has successfully raised awareness and increased sales. The continued support from these locations and the community has been invaluable.

Students at Unnati Centre

On February 14, 2024, 51 female students from grades 11 and 12, along with three teachers from Sarvodaya Kanya Vidyalaya Government School, Number-4, Dharampura, Najafgarh, New Delhi-110043, visited FOD's Multi-purpose Rehabilitation Centre, Unnati, in Najafgarh. The visit, initiated by school teacher Ms. Kiran Bharadwaj, aimed to provide exposure to Generation Z.

During their visit, the students received an overview of the organization, its various programs, and its founder. Detailed information was provided about ongoing training at the MPRC, including sewing and cutting, computer skills, the bakery unit, and making useful



items from recycled materials. Additionally, they learned how the organization makes pencils from old newspapers and how using these pencils can help save trees. The students were informed about how schools and students can collaborate with FOD and contribute to society. They were also educated about other organizations addressing different societal issues and the crucial role of NGOs. The discussion highlighted how children can contribute to making society better, emphasizing the importance of community involvement and social responsibility.

This visit was a valuable experience, fostering awareness and encouraging the students to actively participate in initiatives aimed at societal betterment.

Apna Rozgaar Scheme (ARS) - Empowering Disabled Individuals

The Apna Rozgaar Scheme (ARS) is dedicated to empowering disabled individuals from economically disadvantaged backgrounds in Delhi NCR. It focuses on providing tailored training and support to individuals with physical, hearing, and visual impairments, enabling them to establish sustainable livelihoods and enhance their quality of life. ARS offers comprehensive financial, analytical, and psychological support to its beneficiaries, empowering them to initiate and sustain diverse ventures such as selling water, cold drinks, confectionery items, vegetables, general merchandise, undergarments, cooked eggs, and sweets. Beneficiaries receive ongoing

visits, monitoring, and counseling to ensure the smooth operation and growth of their businesses.

Achievements:

- Supported 92 new beneficiaries and assisted 39 returning entrepreneurs with disabilities in the current financial year.
- Till date, we have benefited a total of 1,209 disabled individuals through this project.
- Demonstrated an impressive success rate exceeding 80%, underscoring its effectiveness in facilitating gainful employment for its participants.

ARS exemplifies unwavering commitment to inclusivity and empowerment. By equipping disabled individuals with the necessary tools and opportunities, ARS promotes dignity, self-reliance, and economic independence within the community. Through the Apna Rozgaar Scheme, Family of Disabled (FOD) continues to create pathways for disabled individuals to thrive in their chosen vocations, fostering a more inclusive society.



Musafir's Resilience and Growth Through ARS - Apna Rozgar Scheme

Introduction:

Musafir's journey from a small shopkeeper to a successful entrepreneur is a testament to his hard work, perseverance, and the support he received through the ARS (Apna Rozgar Scheme) by Family of Disabled (FOD). At 46, Musafir's resilience continues to inspire many.

Background:

A resident of Delhi for 30 years, Musafir, who supports a family of four, runs a small confectionery shop in Sitapuri Red Light. Despite being affected by polio, which limits his mobility, he worked tirelessly, earning Rs. 6,000 per month to improve his family's financial situation.

The Turning Point:



In May 2019, Musafir became a beneficiary of the ARS by FOD, receiving an initial loan of Rs. 6,000 to expand his business. Despite facing a legal challenge for operating on a pavement, he sought further assistance from FOD to resolve the issue and continue growing.

Growth and Continuous Support:

With additional loans of Rs. 7,500, Rs. 25,000, and Rs. 25,000, Musafir improved his shop's infrastructure, purchased essential equipment, and streamlined operations. His business thrived, and his monthly income increased to Rs. 18,000, allowing him to open a savings account at Punjab National Bank.

Achievements:

The success of Musafir's business has improved his well-being and positively impacted his family, enabling better education for his children and a more comfortable living. Despite challenges, including legal issues, Musafir's perseverance and FOD's support helped him overcome obstacles.

Musafir's aspirations continue with plans to use his most recent loan of Rs. 25,000 to further enhance his business, attract more customers, and secure a better future for his family.

Gyanpath

Family of Disabled (FOD) aims to bridge the gap in education and opportunities for people with disabilities, fostering a fulfilling and dignified life for them. Our initiatives, especially under the Gyanpath project, focus on providing financial assistance to disabled students for their educational pursuits. This year, we emphasized the education of visually impaired students, addressing societal challenges and empowering them through education. Our beneficiaries include visually impaired students and those studying in government schools who require financial assistance beyond tuition fees. Under the Gyanpath project, we provide comprehensive financial assistance covering tuition fees, books, clothes, and other necessities.

- **3 December 2023: Mobile Handset Donation at Unnati Rehabilitation Centre, Najafgarh**

Family of Disabled donated mobile handsets to visually impaired students. Mobile phones have become an indispensable part of our lives, especially highlighted during the Covid-19 pandemic, which showcased the potential of virtual learning. While people in Delhi and other metro cities can access these facilities, FOD, with the help of an ex-student who currently teaches in a government school in Madhya Pradesh, reached out to 15 visually impaired students from Delhi, Indore, Bhopal, and Jabalpur. We provided them with brand-new mobile handsets to aid in their education and access to information. A training session was organized with the help of our volunteer with low vision.



In total, we sponsored 25 students, covering fees, mobile handsets, and books. Family of Disabled continues to work tirelessly to empower disabled students through education. Our efforts have shown significant impact, enabling students to overcome societal barriers and achieve a dignified and fulfilling life. We remain committed to our mission and look forward to expanding our reach and support in the coming years.

Livelihood continues to be closest to our hearts

We continue to receive calls from the MNCs as well as the candidates with disabilities for suitable openings and positions. Hence, though it is not our main programme, we give it our best to place people with disabilities as per the requirement of the companies.

Shivam's placement is the latest achievement in this regard. Shivam is a visually impaired candidate with 50% vision loss. An interview was arranged for him with GrowNext. This was a rigorous interview requiring the candidate to learn and present. He passed the interview with flying colours and got the joining letter on 27th Feb 2024. He would get a decent basic salary plus incentives for his performance. He is currently



pursuing his graduation and we wish him all the best to attain new heights academically and professionally.

Community Awareness Initiative

On March 23, 2024, Family of Disabled (FOD) collaborated with Svayam to raise awareness about the importance of accessibility at the community level through the event "Accessibility for All: Community Awareness Initiative." This initiative culminated in a pledge taken by 90 individuals, both with and without disabilities, to advocate for accessibility within their communities. Held at Unnati, FOD's multi-purpose rehabilitation centre, the participants committed to observing March 27, 2024, as World Accessibility Day. The collaboration aimed to emphasize the critical need for accessibility, encouraging participants to actively engage with their communities and promote inclusive practices. Through this joint effort, FOD and Svayam have taken a significant step towards creating an inclusive and accessible environment for all.



Skill Training

Skill development with an eye on employment and self-employment is the need of the hour. There is a growing realization that merely having a degree does not necessarily help in securing a job that matches one's qualifications. Practical training in various skills is essential. We encourage youth and adults, both disabled and non-disabled, to engage in income-generating ventures by providing relevant vocational training and assisting them in improving their economic and social capacities to meet their livelihood requirements. Our programs offer contemporary vocations to help learners acquire necessary skills so they can start their careers with great confidence.

1. Computer Basic Course

Family of Disabled (FOD) partnered with NIIT to offer a three-month Computer Basics course this year, focusing on empowering individuals with disabilities and non-disabled individuals through essential computer skills. The course aimed to equip participants with foundational knowledge necessary for both personal development and career advancement.

- Total Enrollments: 81 students
- Successful Completions: 59 students obtained NIIT certification



This achievement underscores the commitment of FOD to enhancing the livelihood opportunities of all individuals. Computer literacy is increasingly crucial in today's digital age, providing access to employment opportunities and fostering entrepreneurial ventures.

By imparting these skills, FOD seeks to promote independence and inclusivity among its participants.

2. Beauty Culture Training



The Beauty Culture Training program aims to equip participants with skills in beauty and personal care, enabling them to start their own beauty ventures or secure employment in the beauty industry. This training is open to both disabled and non-disabled

individuals, promoting inclusivity and equal opportunity.

3. Cutting & Tailoring

The Cutting & Tailoring program focuses on providing participants with the skills necessary for garment making and tailoring. This training is designed to help individuals start their own tailoring businesses or find employment in the textile industry. The program is inclusive of both disabled and non-disabled individuals.



4. Bakery and Cooking Course

The Bakery and Cooking Course is designed to impart practical skills in baking and culinary arts, enabling participants to start their own food-related ventures or seek employment in the hospitality industry. This course is inclusive, catering to both disabled and non-disabled individuals.

Registration Under FSSAI

Family of Disabled (FOD) is working diligently to make some of its programs self-sustainable. The bakery unit needs to become self-sustaining gradually, which can only happen if the products of these units are sold on a regular basis. To facilitate this process, FOD registered under FSSAI on 19th December and can now sell its products anywhere in India. We assure the highest quality of the products made at Unnati—FOD's Rehab Centre in Najafgarh.

